Laughing Brook Wildlife Sanctuary Trails, Hampden

Laughing Brook Wildlife Sanctuary features woodlands, meadows, and streams along its four-mile trail system in its 356 acre property. Laughing Brook was once the home of beloved children's author Thornton Burgess and the beautiful brook inspired many of his timeless tales.

Location: From the west travel east on Main St. in Hampden. From the east, travel west on Monson

Rd. in Hampden. The sanctuary entrance is off Main St. on the left.

Trail Type: Marked off-road trails

Length/Difficulty: 4 miles, involving 6 trails; Easy to moderate

Permitted Uses: Walking, hiking, snowshoeing, bird watching and picnicking

Parking: Designated parking at the entrance for up to 20 cars

Facilities: Pavilion and one picnic table

